

Appendix I: Wasabi Head Crew Coach Responsibilities

Head Coach Core Competencies

- Plan, organize, and conduct practice sessions.
- Provide training direction, encouragement, and motivation in order to prepare paddlers for competitive racing events.
- Plan racing strategies and choose crew members for racing events including Club outcome races (in cooperation with other Club coaches as applicable).
- Plan and direct physical conditioning programs that will enable athletes to achieve maximum performance.
- Adjust coaching techniques, based on the strengths and weaknesses of each paddler.
- In conjunction with the team manager and team captain, maintain the crew roster and ensure payment of Club dues, race fees, and compliance with all Club guidelines.
- Instruct crew in sports' rules, race strategies, and performance principles, including coaching the defined Wasabi stroke.
- Analyze the strengths and weaknesses of opposing teams to develop effective race strategies in conjunction with the Wasabi Head Technical Coach and Coach Coordinator.
- Identify and recruit potential members from local talent, as applicable.
- Identify and recruit assistant coaches from existing crews and local talent, as applicable.

Specific Skills and Abilities:

The successful head crew coach will demonstrate:

- Willingness to learn, understand, and coach the defined Wasabi stroke.
- Willingness to understand the Wasabi Club culture and make positive contributions to the Club.
- Willingness to attend regular coaches meetings and demonstrate positive communication among the Wasabi coaching staff.
- Knowledge of principles and methods for curriculum and training design, teaching and instruction for individuals and groups, and the measurement of training effects.
- Knowledge of human behavior and performance; individual differences in ability, personality, and interests; learning and motivation.
- Willingness to provide guidance and direction to other members of the team management group including mentoring and monitoring coaches in training and assistant coaches as needed.